

Family Constellation Workshop

Facilitator: Julie Roberts PH.D

Saturday, June 21, 2008

Family Constellation work provides the following individuals a powerful and enlightening opportunity:

- OD and other HR professionals who are looking for powerful and unique tools to address organizational issues
- Individuals who are experiencing difficult interactions at work, at home, with significant others/partners spouse.
- Therapist, group facilitators, counselors in addition to their own personal work are interested in continuing education and augmenting their practice will be introduced to an additional resource for their clients
- Couples and family members who want more clarity into the dynamics that may be affecting their present relationships will experience new insights

Julie Roberts, Ph.D. is a gifted and skilled facilitator as well as the creator of CLEAR.

Family Constellation Work Description:

Bert Hellinger pioneered this work in Germany, and it is now one of the fastest growing therapies in the world. It is also being utilized in organizations to assist in addressing complex and difficult work related collaboration.

How it works:

Participants attend a workshop with a particular issue they want to address. These are often long-standing problems (physical or emotional) that plague a person's life, regardless of repeated attempts at change. A participant who wants to work chooses representatives from the others in the group to stand for members of his or her family. The representatives are then placed in relationship to each other, without comment, based on how it "felt" to be in the family. The representatives become a living model of the original family system. The representatives begin to notice feelings and thoughts which reflect those of the actual family members. These feelings often explain dynamics and eventually lead to a healed version of the constellation.

The best explanation for this phenomenon can be found in the work of biologist, Dr. Rupert Sheldrake. Sheldrake refers to a field of energy, which connects us, as the morphic field, which has memory and influence.

For more information about family constellations, go to: www.systemicfamilysolutions.com and click on "articles" or read Bert Hellinger's book, Love's Hidden Symmetry. Journal abstracts: www.theknowingfield.co.uk/journalextracts.php

REGISTRATION:

- There is only space for 13 participants. Please contact me to sign up and reserve a space either by e-mail at Jalma@pabodytalkcenter.com or 215-840-3263.
- Julie has agreed to provide this workshop at a cost of only \$50.00 for the entire day.
- Location: 1956 Audubon Drive, Dresher, PA 19025

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